

Effective October 14, 2025

Schedule



SOUTHBOUND



Train Number	680 690	682 692	684 694	686 696	688 698
DAYS OF OPERATION	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su
Brunswick, ME	4:30 AM	6:30 AM	11:00 AM	12:55 PM	5:45 PM
Freeport, ME	4:43 AM	6:43 AM	11:13 AM	1:08 PM	5:58 PM
Portland, ME	5:18 AM	7:18 AM	11:48 AM	1:43 PM	6:33 PM
Saco, ME	5:40 AM	7:40 AM	12:10 PM	2:05 PM	6:55 PM
Wells, ME	5:59 AM	7:59 AM	12:29 PM	2:24 PM	7:14 PM
Dover, NH	6:17 AM	8:17 AM	12:47 PM	2:42 PM	7:32 PM
Durham - UNH, NH	6:25 AM	8:25 AM	12:55 PM	2:50 PM	7:40 PM
Exeter, NH	6:39 AM	8:39 AM	1:09 PM	3:04 PM	7:54 PM
Haverhill, MA	7:00 AM	9:00 AM	1:30 PM	3:25 PM	8:15 PM
Woburn, MA	Ⓡ 7:29 AM	Ⓡ 9:29 AM	Ⓡ 1:59 PM	Ⓡ 3:54 PM	Ⓡ 8:44 PM
Boston North Station,	7:50 AM	9:50 AM	2:20 PM	4:15 PM	9:05 PM

NORTHBOUND



Train Number	681 691	683 693	685 695	687 697	689 699
DAYS OF OPERATION	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su
Boston North Station, MA	8:50 AM	11:50 AM	3:45 PM	5:20 PM	10:30 PM
Woburn, MA	Ⓡ 9:08 AM	Ⓡ 12:08 PM	Ⓡ 4:03 PM	Ⓡ 5:38 PM	Ⓡ 10:48 PM
Haverhill, MA	9:38 AM	12:38 PM	4:33 PM	6:08 PM	Ⓛ 11:18 PM
Exeter, NH	9:59 AM	12:59 PM	4:54 PM	6:29 PM	Ⓛ 11:39 PM
Durham - UNH, NH	10:12 AM	1:12 PM	5:07 PM	6:42 PM	Ⓛ 11:52 PM
Dover, NH	10:20 AM	1:20 PM	5:15 PM	6:50 PM	Ⓛ 11:59 PM
Wells, ME	10:38 AM	1:38 PM	5:33 PM	7:08 PM	Ⓛ 12:18 AM
Saco, ME	10:55 AM	1:55 PM	5:50 PM	7:25 PM	Ⓛ 12:35 AM
Portland, ME	11:25 AM	2:25 PM	6:20 PM	7:55 PM	Ⓛ 1:00 AM
Freeport, ME	11:55 AM	2:55 PM	6:50 PM	8:25 PM	Ⓛ 1:30 AM
Brunswick, ME	12:10 PM	3:10 PM	7:05 PM	8:40 PM	1:45 AM

Event Nite Train 1689
11:25 PM
Ⓡ 11:43 PM
Ⓛ 12:13 AM
Ⓛ 12:34 AM
Ⓛ 12:47 AM
Ⓛ 12:55 AM
Ⓛ 1:13 AM
Ⓛ 1:30 AM
Ⓛ 1:55 AM
Ⓛ 2:25 AM
2:40 AM

Special Travel Notes

- **Holiday Schedule:** On Thanksgiving (Thursday, Nov. 27th, 2025) and Christmas (Thursday, Dec. 25th, 2025), the Amtrak Downeaster will operate trains 680, 681, 682, 683, 686, 687, 688, 689 ONLY.
- Visit AmtrakDowneaster.com for most up-to-date information
- Schedules subject to change without notice

- Ⓡ Stops to discharge passengers only; Trains may leave before time shown.
- Ⓡ Stops to receive passengers only.
- Ⓛ Stops to receive and discharge passengers; train may leave before time shown.

*Event Nite Train

Train 689/699 will depart from Boston North Station at 11:25pm on evenings of major events and concerts at the TD Garden. **The train departs at scheduled time regardless of the end time of events.** Please check schedule at AmtrakDowneaster.com for the date which interests you.