

Effective May 15, 2023

# Schedule



| SOUTHBOUND <span style="float: right;">S</span> |             |             |             |             |             |
|---|-------------|-------------|-------------|-------------|-------------|
| Train Number                                    | 680   690   | 682   692   | 684   694   | 686   696   | 688   698   |
| DAYS OF OPERATION                               | M-F   Sa-Su | M-F   Sa-Su | M-F   Sa-Su | M-F   Sa-Su | M-F   Sa-Su |
| Brunswick, ME                                   | 4:30 AM     | 7:10 AM     | 11:00 AM    | 12:55 PM    | 5:45 PM     |
| Freeport, ME                                    | 4:43 AM     | 7:23 AM     | 11:13 AM    | 1:08 PM     | 5:58 PM     |
| Portland, ME                                    | 5:18 AM     | 7:58 AM     | 11:48 AM    | 1:43 PM     | 6:33 PM     |
| Old Orchard Beach, ME                           | —           | 8:13 AM     | 12:03 PM    | 1:58 PM     | 6:48 PM     |
| Saco, ME  | 5:40 AM     | 8:20 AM     | 12:10 PM    | 2:05 PM     | 6:55 PM     |
| Wells, ME                                       | 5:59 AM     | 8:39 AM     | 12:29 PM    | 2:24 PM     | 7:14 PM     |
| Dover, NH                                       | 6:17 AM     | 8:57 AM     | 12:47 PM    | 2:42 PM     | 7:32 PM     |
| Durham - UNH, NH                                | 6:25 AM     | 9:05 AM     | 12:55 PM    | 2:50 PM     | 7:40 PM     |
| Exeter, NH                                      | 6:39 AM     | 9:19 AM     | 1:09 PM     | 3:04 PM     | 7:54 PM     |
| Haverhill, MA                                   | 7:00 AM     | 9:40 AM     | 1:30 PM     | 3:25 PM     | 8:15 PM     |
| Woburn, MA                                      | Ⓛ 7:29 AM   | Ⓛ 10:09 AM  | Ⓛ 1:59 PM   | Ⓛ 3:54 PM   | Ⓛ 8:44 PM   |
| Boston North Station, MA                        | 7:50 AM     | 10:30 AM    | 2:20 PM     | 4:15 PM     | 9:05 PM     |

| NORTHBOUND <span style="float: right;">N</span> |             |             |             |             |             | Event Nite Train<br>1689 |
|---|-------------|-------------|-------------|-------------|-------------|--------------------------|
| Train Number                                    | 681   691   | 683   693   | 685   695   | 687   697   | 689   699*  |                          |
| DAYS OF OPERATION                               | M-F   Sa-Su | M-F   Sa-Su | M-F   Sa-Su | M-F   Sa-Su | M-F   Sa-Su |                          |
| Boston North Station, MA                        | 8:50 AM     | 11:50 AM    | 3:45 PM     | 5:20 PM     | 10:30 PM    | 11:25 PM                 |
| Woburn, MA                                      | Ⓛ 9:08 AM   | Ⓛ 12:08 PM  | Ⓛ 4:03 PM   | Ⓛ 5:38 PM   | Ⓛ 10:48 PM  | Ⓛ 11:43 PM               |
| Haverhill, MA                                   | 9:38 AM     | 12:38 PM    | 4:33 PM     | 6:08 PM     | 11:18 PM    | 12:13 AM                 |
| Exeter, NH                                      | 9:59 AM     | 12:59 PM    | 4:54 PM     | 6:29 PM     | 11:39 PM    | 12:34 AM                 |
| Durham - UNH, NH                                | 10:12 AM    | 1:12 PM     | 5:07 PM     | 6:42 PM     | 11:52 PM    | 12:47 AM                 |
| Dover, NH                                       | 10:20 AM    | 1:20 PM     | 5:15 PM     | 6:50 PM     | 11:59 PM    | 12:55 AM                 |
| Wells, ME                                       | 10:38 AM    | 1:38 PM     | 5:33 PM     | 7:08 PM     | 12:18 AM    | 1:13 AM                  |
| Saco, ME  | 10:55 AM    | 1:55 PM     | 5:50 PM     | 7:25 PM     | 12:35 AM    | 1:30 AM                  |
| Old Orchard Beach, ME                           | 11:01 AM    | 2:01 PM     | 5:56 PM     | 7:31 PM     | 12:41 AM    | 1:36 AM                  |
| Portland, ME                                    | 11:25 AM    | 2:25 PM     | 6:20 PM     | 7:55 PM     | 1:00 AM     | 1:55 AM                  |
| Freeport, ME                                    | 11:55 AM    | 2:55 PM     | 6:50 PM     | 8:25 PM     | 1:30 AM     | 2:25 AM                  |
| Brunswick, ME                                   | 12:10 PM    | 3:10 PM     | 7:05 PM     | 8:40 PM     | 1:45 AM     | 2:40 AM                  |

## Special Travel Notes

- Visit [AmtrakDowneaster.com](http://AmtrakDowneaster.com) for most up-to-date information
- Schedules subject to change without notice

- Ⓛ Stops to discharge passengers only; Trains may leave before time shown.
- Ⓛ Stops to receive passengers only.

## \*Event Nite Train

Train 689/699 will depart from Boston North Station at 11:25pm on evenings of Red Sox home games and major concerts at the TD Garden and Fenway Park. Please check schedule at [AmtrakDowneaster.com](http://AmtrakDowneaster.com) for the date which interests you.